

FOOD MENU

ANTI PASTI

THE ANTI PASTI MISTO	11.50
Chargrilled aubergine, courgette, sun dried tomatoes, olives, rocket, buffalo mozzarella with a selection of Italian cheeses, salami, parma ham and fresh basil leaves. Served with fresh bread.	
Vegetarian option available V	9.50
FRESH BREAD & OLIVES	3.80
Warm bread and marinated olives, served with balsamic vinegar and extra virgin olive oil.	

HERE AT THE HONEST ITALIAN WE LIKE TO OFFER YOU SOMETHING NEW AND FRESH ON A REGULAR BASIS. PLEASE SEE THE BLACKBOARD INSIDE FOR OUR LATEST SPECIALS.

SALADS

TONNO	7.80
Tuna, beans, mixed salad leaves, spring onions, capers and anchovies.	
CREOLA	8.75
Baby fresh spinach leaves, crispy bacon, onions, mixed peppers, avocado and black olives.	
CAPRESE V	8.50
Sliced tomatoes, mixed salad leaves, basil and buffalo mozzarella.	
MIXED SALAD V	2.80
Mixed lettuce, tomatoes, onions, olives and cucumber.	
(All salads are served with our home made dressing)	

MAINS

AUBERGINE PARMIGIANA	8.20
Traditional layered aubergine cooked in olive oil, and then slowly baked with our home made tomato sauce, mozzarella, parmesan cheese and finished in our wood burning oven.	
LASAGNA AL FORNO	8.95
Layered sheets of pasta with our home made slow cooked meat ragu sauce, with red wine and onions, topped with mozzarella and parmesan cheese.	

PIZZA

MARGHERITA V	7.95
Tomato and basil sauce topped up with fior di latte mozzarella cheese.	
NAPOLITANA	9.20
Capers, anchovies, olives, tomato sauce, fior di latte mozzarella.	
FUNGHI V	10.50
Wild mushrooms, fior di latte mozzarella, tomato sauce, drizzled with truffle oil.	
PROSCIUTTO	9.45
Smoked ham, tomato sauce, fior di latte mozzarella.	
THE HONEST ITALIAN	12.50
Dolcelatte, tomato sauce, fior di latte mozzarella, prawns, basil leaves and garlic.	
DIAVOLA	10.95
Fior di latte Mozzarella, tomato sauce, peperoni, and hot green peppers.	
ROCKET	12.50
Tomato sauce, fior di latte mozzarella, parma ham, topped up with fresh rocket leaves and parmesan shavings.	
QUATTRO STAGGIONI	12.50
Fior di latte mozzarella, tomato sauce, smoked ham, mushrooms, Italian salami, capers and anchovies.	
CAPRICCIOSA.	12.50
Tomato sauce, fior di latte mozzarella, artichoke hearts, smoked ham, egg, mushrooms and olives.	
VEGETARIANA V	10.75
Fior di latte mozzarella, tomato sauce, artichoke hearts, olives, mixed peppers, grilled aubergines, red onions, and mushrooms.	
QUATTRO FORMAGGI	11.95
Tomato sauce, fior di latte mozzarella, Dolcelatte, Provolone, and Taleggio cheese.	
FIorentina	10.95
Tomato sauce, Fior di latte mozzarella, spinach, garlic, and egg on top.	
TONNO	10.95
Fior di latte mozzarella, tomato sauce, tuna, onions and garlic.	
CONTADINA	12.50
Goats cheese, fior di latte mozzarella, cherry tomatoes, rocket, and our very own tomato and pesto sauce.	
PATATINE	11.50
Fior di latte mozzarella, tomato sauce, chorizo, thinly sliced potatoes, topped with thyme leaves.	
ZUCCA GIALLA V	10.50
Roasted butternut squash, fior di latte mozzarella, chilli and red onions.	
PIZZA AL POLLO	12.50
Smoked chicken, tomato sauce, fior di latte mozzarella, dolcelatte and red onions.	
CARCIOFI	12.50
Fior di latte mozzarella, artichoke hearts, cooked parma ham, and our very own tomato and pesto sauce.	



THE HONEST ITALIAN

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